



About the Appalachian Region

Appalachia is made up of 423 counties across 13 states and spans 206,000 square miles, from southern New York to northern Mississippi. The Region's 26.1 million residents live in parts of Alabama, Georgia, Kentucky, Maryland, Mississippi, New York, North Carolina, Ohio, Pennsylvania, South Carolina, Tennessee, and Virginia, and all of West Virginia.

The Region also comprises three federally recognized and five state recognized Native American Tribal Communities, with Tribal entities in Appalachian Alabama, Georgia, Mississippi, New York, and North Carolina.

